

Curriculum Vitae

Mag.^a Angelika Spies

Year of birth: 1987

Nationality: Austrian

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Education

1993-1997

Primary school in Walpersbach

1997-2005

Secondary schools in Katzelsdorf and Wiener Neustadt

2005-2010

Magister's degree (equiv. to Master's) in Psychology at University of Vienna

09-10/2008

Internship at correctional facility for male adolescents in Gerasdorf

11/2010 – 09/2011

Clinical and Health Psychology training (BÖP) at state hospital Neunkirchen (Department of Psychiatry and Psychotherapeutic Medicine)

10/2011 – 06/2012

Basic Psychotherapy training (Propädeutikum, ÖAGG)

01/2013 – 05/2013

Emergency Psychology and Psychological Crisis Management training (SFU)

02/2014

Certification for Occupational and Organisational Psychology (GkPP)

03/2014 – 12/2014

Rehabilitation Psychology training (AAP)

06-09/2024

University course for Online Counselling (SFU)

Professional Activities

12/2011 – 04/2012

Social educator at children's care center in Pöttching

05/2012 – 02/2015

Psychologist at Caritas day care center for people with mental illness

09/2014 – 12/2017

Psychological counselling and treatment in private practice

01/2015 – 09/2017

Clinical and Health Psychologist at state nursing home Scheiblingkirchen

since 03/2015	Clinical and Health Psychologist at university hospital Neunkirchen (Clinical department for Psychiatry and Psychotherapeutic Medicine)
since 06/2024	Online psychologist at Instahelp and in private practice

Intercultural learning & self-development

03/2022 – 02/2023	Travels in Europe, USA, Latin America, Australia and Asia (professional sabbatical)
04/2023 – 03/2024	Travels in Europe, Africa, Asia and Latin America (professional training leave)
04 – 09/2023	Professional training leave: qualified diploma trainer for communication and expression (Vitalakademie Austria)
10 – 12/2023	Professional training leave: certified mental trainer for nutrition (Vitalakademie Austria)
01 – 03/2024	Professional training leave: certified trainer for self-exploration (Vitalakademie Austria)

Interests	Travelling, family & friends, psychology & self-development, reading, writing, music, yoga, long-distance hiking
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Linguistic proficiency	German (mother language) English (fluent) Spanish (basics)
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